



TEMPUR-PEDIC® BUYER'S GUIDE



Mattress Models & Prices



Adjustable Bases



Comparison Chart



Try Before You Buy!

Tempur-Pedic Buyer's Guide

How to Choose the Right Tempur-Pedic Mattress and Adjustable Base in Middle Tennessee

Shopping for a Tempur-Pedic mattress is different than shopping for an ordinary mattress. Tempur-Pedic is designed for people who prioritize **pressure relief, spinal alignment, motion isolation, and long-term durability**. This guide breaks down the current Tempur-Pedic mattress collections, adjustable base options, typical starting price ranges, and how they compare to bed-in-a-box mattresses.

You'll also learn why **trying a Tempur-Pedic in person** at Mattress Gallery Direct in Murfreesboro, Franklin, and Smyrna is the smartest way to find your perfect fit.

Understanding the Tempur-Pedic Mattress Collections

Tempur-Pedic mattresses are built around proprietary TEMPUR-Material, designed to adapt precisely to your body's shape, weight, and temperature. Each collection offers a different feel and performance level.

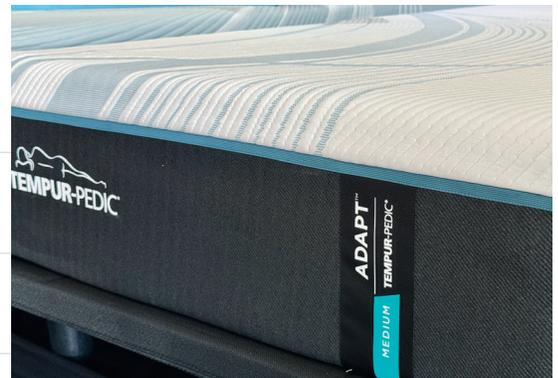
TEMPUR-Adapt®

Best for: Classic Tempur pressure relief

Feel: Balanced contouring with strong motion isolation

Why Choose It: Great for back pain, joint pressure, and couples

Price Range: \$2,199–\$2,499 (Queen)



TEMPUR-ProAdapt®

Best for: Advanced contour + support

Feel: More responsive and supportive than Adapt

Why Choose It: Ideal for people who want deeper pressure relief

Price Range: \$2,799–\$3,299 (Queen)



TEMPUR-LuxeAdapt®

Best for: Maximum luxury contouring

Feel: Deep, weightless pressure relief

Why Choose It: Designed for those who want the highest level of Tempur comfort

Price Range: \$3,499–\$4,299 (Queen)



TEMPUR-Breeze®

(ProBreeze® and LuxeBreeze®)

Best for: Hot sleepers

Feel: Tempur contouring with enhanced temperature regulation

Why Choose It: Engineered to sleep cooler than traditional memory foam

Price Range:

- ProBreeze: \$3,899–\$4,499 (Queen)
- LuxeBreeze: \$4,999–\$6,499+ (Queen)



Tempur-Pedic Adjustable Bases

Pairing your Tempur-Pedic mattress with an adjustable base enhances comfort, circulation, breathing, and spinal alignment.

Ease® Power Base

- Head and foot elevation
- Great for reading, reflux relief, or leg elevation
- Starting price: **\$899+**

TEMPUR-Ergo® Power Base

- Expanded elevation features
- Zero-gravity positioning
- Starting price: **\$1,599–\$1,899**

TEMPUR-Ergo® Smart Base

- Smart sleep tracking
- Automatic snore-response head lift
- Massage & advanced positioning
- Starting price: **\$2,099–\$2,499**



Bed-in-a-Box vs. Tempur-Pedic Comparison

Feature	Typical Bed-in-a-Box	Tempur-Pedic
Durability	Foam density varies; compression over time is common	Designed for long-term shape retention and performance
Conformability	One-feel-fits-most approach	Multiple comfort feels and precision body contouring
Temperature	Cooling varies widely by brand	Dedicated cooling technology available in Breeze models
Support	Can feel inconsistent across body types	Engineered for consistent spinal alignment and weight distribution
Pressure Relief reduction	Moderate, depends on foam quality	Industry-leading pressure point
Motion Isolation	Moderate	Excellent for couples

BOTTOM LINE: Bed-in-a-box mattresses focus on convenience and entry price; Tempur-Pedic focuses on **precision comfort and long-term performance.**

What Customers Commonly Say About Tempur-Pedic

Customers frequently report:

- Reduced back, hip, and shoulder pain
 - Less tossing and turning
 - Excellent partner motion isolation
 - Consistent comfort—even years later
 - Enhanced comfort when paired with an adjustable base
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The History of Tempur-Pedic: From Space Technology to Sleep Innovation

Tempur-Pedic traces its origins to viscoelastic material originally developed for aerospace cushioning. That adaptive foam technology was later refined for sleep comfort, creating what became known as TEMPUR-Material.

Founded in the early 1990s, Tempur-Pedic quickly became the pioneer of memory-foam mattress engineering. Today, the brand remains one of the most recognized names in advanced sleep technology, continuously improving materials for pressure relief, cooling, and durability.

Why Buy Tempur-Pedic at Mattress Gallery Direct

A Tempur-Pedic mattress is a feel-specific purchase. Choosing the wrong comfort level online can lead to disappointment. That's why trying before you buy is essential.

Mattress Gallery Direct Advantage:

Family-Owned for Over 40 Years

Mattress Gallery Direct has been serving Middle Tennessee families for four decades, building trust through real relationships, not quick transactions.

#1 Chiropractor-Recommended Mattress Store

Leading local chiropractors refer their patients to Mattress Gallery Direct because of our emphasis on spinal alignment, pressure relief, and long-term comfort.

Non-Commission Bedding Specialists

Our team is trained to educate—not sell. You'll get honest guidance on feel, support levels, and how Tempur-Pedic interacts with your sleep style, body type, and lifestyle.

Try-Before-You-Buy Experience

See and feel multiple Tempur-Pedic collections side-by-side, choose the adjustable base features that matter most, and make a confident decision.

Locations in Murfreesboro, Franklin, and Smyrna

Conveniently located for Middle Tennessee residents, each showroom offers a relaxed, no-pressure environment tailored to your comfort needs.

Try Before You Buy — The Smart Way to Choose Tempur-Pedic

Tempur-Pedic mattresses are engineered to feel different from traditional beds. The only way to know which model is right for you is to experience them in person.

Visit Mattress Gallery Direct to:

- Compare Cloud, Adapt, ProAdapt, LuxeAdapt, and Breeze collections
- Test soft, medium, and firm feels
- Experience zero-gravity adjustable base positioning
- Get fitted by non-commission sleep specialists

Final Thought

If you're investing in a premium mattress designed for pressure relief, spinal support, and lasting durability, Tempur-Pedic is one of the most proven choices in the industry. And when you pair it with the local expertise, chiropractor endorsements, and no-pressure guidance at Mattress Gallery Direct, you get the confidence of choosing the right mattress the first time.